

# KNOW THE MASS, ONE WORD AT A TIME

## Join

Strange as it sounds, the Mass is a continuous action of joining. We join ourselves to each other, we join ourselves to the heavenly worship of the angels and saints, and—most certainly—we join ourselves to Jesus in his self-sacrificing love. When we join ourselves we connect and unite our-

selves. Our action of joining as we connect and unite ourselves so completely pervades and colors the entire Mass, that it can easily escape our notice.

We join ourselves to each other when we walk into church and take a position with other worshippers, when we sing, and when we make the common responses. We join ourselves to heaven when we praise and thank God, because that is exactly what angels and saints do in heaven. We join ourselves to Jesus when we offer ourselves with him and receive him in Holy Communion.

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ARCHDIOCESE OF CHICAGO + STRATEGIC PASTORAL PLAN  
**YEAR OF SUNDAY MASS / YEAR OF FAITH**

